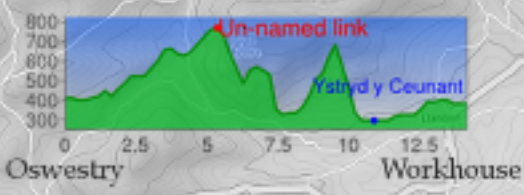
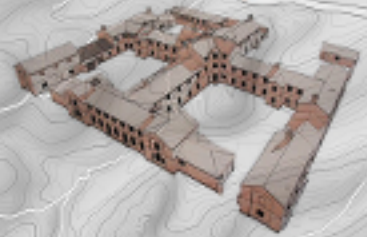


# Oswestry



# Llantyllin Workhouse SY22 5LD



# Welshpool



# Llanfyllin Workhouse

and bunkhouse

## By Bicycle



### Oswestry to the WorkHouse

14.5 miles

(branch from National Cycle Route 31)

### Welshpool to the WorkHouse

12.5 miles

(branch from National Cycle Route 81)

### Lake Vyrnwy to the WorkHouse

13.5 miles

(branch from National Cycle Route 12)

We are one of the last Victorian Workhouses left in the UK.

Built in 1838 to accommodate 250 inmates; a mixture of paupers, single mothers, the mentally ill, the disabled and the elderly. The workhouse is now home to a unique community enterprise for arts, education, environment and heritage.

We also offer affordable bunkhouse beds and camping facilities.

Proceeds from these help fund our continuing restorations to the building after 20 years of abandonment and neglect.

We welcome skilled volunteers for all kinds of jobs from admin, marketing, gardening, removing plaster (and re-plastering!), woodwork, painting, general DIY, plumbing, electrics and more so get in touch!

from Oswestry and Route 31

A slow ascent and easy downhill, followed by a short but challenging climb before descending to join the river Cain for an easy finish into Llanfyllin.

from Welshpool and Route 81

The Three Sisters! It's a bit of a push up out of town but worth it as all the rest is undulating lovely lanes (our only route which is the same each way!).

from Lake Vyrnwy and Route 12

4 miles of lakeside forest then one push and it's downhill all the way!(pretty-much)

Route 8 via Machynllyth.

...is 39 miles to the west accessible via quiet, cross-country lanes.

